

After you have completed a small stage, continue onto the next stage, and eventually your small steps will have taken you further than you have imagined.



Dear Parent/Guardian

This month we are review safety for your child. Some advice may seem to be common sense. But making sure your child understands basic safety at home, at school, outdoors and on line will provide you with an understanding of their readiness to handle situations.

Safety at Home

- Knife safety
- Using chemicals & cleaners
- Using appliances appropriately
- Oven & stove Operation
- Preventing falls
- Electricity doesn't mix with water – hair dryers, etc.
- Guidance for answering doorbell
- Where is the First Aid Kit?
- What to do if someone is choking?
- How to get help?



Fire is not a plaything!

Check if your child(ren) know what to do in an emergency

- ✓ Discuss what you and they think is an emergency
- ✓ Together, make a safety plan for fire, electricity, tornado or earthquake.
- ✓ Suppose a family member is unconscious or having a health crisis
- ✓ Practice making a call to 911
- ✓ What information would you give?
- ✓ Who are your emergency contacts if parents/guardian are not available?
- ✓ Discussing these may cause anxiety but it's better to be prepared



Outside the Home

- How to exit a car safely
- Learn street signs and traffic protocols
- Using the cross walk
- Crossing a street without a crosswalk
- Walking on the sidewalk
- What to do if there is no sidewalk
- What to do if you get lost
- Never walk alone – go with a friend or friends



Tell your child that they can call you to pick them up from an unsafe situation with no questions asked until home safely. Only then, you can find out what happened and make it a learning lesson!

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One of the most difficult items to address in social media interactions is the expectation that whatever is posted will be immediately "liked" or commented on. When this doesn't happen because of meals or activities of their friends, your child may experience angst. Remember that they are fragile about their image and self-esteem.



Be a Good Role Model

With everything, your child(ren) watch you and what you do. If you are always on the cell phone, don't expect them not to follow your example!

INTERNET & SOCIAL MEDIA SAFETY

Perhaps the most difficult thing for modern parents these days is managing social media and keeping their children safe on line. There is advice available.

Devorah Heitner is an author of [Screenwise: Helping Kids Thrive in their Digital World.](#)

Her advice is to act as a mentor and to check your child's digital footprint together. Check who their friends are on line but do it with them. Just like we have been recommending teaching good judgement and problem solving, instead of a direct authoritarian approach. You want to know that the values are internalized and even when you are not there, they know what to do. Your guidance regarding their on line presence is important but should be given as an exploration together of what on line interactions should be.

"Make sure your child knows that if the behavior is serious or threatening, he/she should report it to a parent, teacher or another responsible adult."p.158



Safety Around Animals

Never try to pet an unfamiliar pet without asking the owner

If okay, approach with open palm and move slowly

Never touch, feed or approach a wild animal

Don't touch pets while you or they are eating

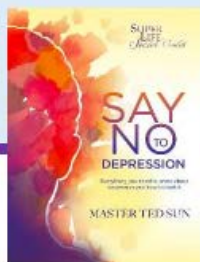
Avoid touching pet waste. Dispose of properly.

https://beinternetawesome.withgoogle.com/en_us/

Free resource for teaching internet safety!

If you would like to learn more about Master Ted Sun:

- Find You Tube Videos
- Read Super Life Secret Codes
- Read Say No to Depression



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